

# **HEALING OF SHOULDER AND NECK PAIN**

**—The testimony of Theodore Maltezos—**

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My name is Theodore Maltezos.

I had pain in my neck and shoulder for months on end. I couldn't turn my head to the left. I tried masseur therapy, stretching, etc., but nothing helped. It was hard for me to sleep for months. During one visit to Saint Nektarios Monastery I was crossed with the cross containing the relics of Saint Nektarios on my neck and shoulder. That night, without me realizing it, the pain that kept me up for months was gone. I had a sound sleep, and the next morning I realized that my shoulder was no longer hurting. I haven't had any pain since then, and that was two years ago.

Theodore Maltezos

Montreal, Quebec, Canada